

# Socio-demographic determinants of beliefs about COVID-19 vaccine in Nigeria

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**ABSTRACT:** Successful implementation of COVID-19 vaccines may be influenced by beliefs about it. This study assessed beliefs about COVID-19 vaccine in Nigeria and associated socio-demographic characteristics. It also evaluated socio-demographics as a predictive model for beliefs about the vaccine. This will provide insight to effective vaccine implementation measures. A cross-sectional online survey was conducted among 410 participants. A two-part questionnaire was developed using Google forms and validated by pre-testing and face validity. The internet link was distributed through snow ball approach to consenting participants from the six geopolitical zones through online platforms. Descriptive statistics and binary logistic regression analysis were conducted using SPSS version 24 and statistical significance was set as  $p \le 0.05$ . A total of 410 respondents participated in the study. Total weighted beliefs about COVID-19 vaccine showed that the majority 337 (82.20 %) had positive beliefs about the vaccine, and this was associated with geopolitical region (p=0.002) and educational qualification (p=0.005). Socio-demographic characteristics was also found to be highly predictive of beliefs about the vaccine (68%). Socio-demographics predicts beliefs about COVID-19 with relatively high accuracy. Positive beliefs was mostly found, and this was associated with geopolitical region and educational qualification. Positive beliefs about the vaccine may enhance vaccine acceptance and cause a break in transmission dynamics of SARS-Cov-2 infection.

KEYWORDS: COVID-19 Vaccine; socio-demographic characteristics; SARS-CoV-2; Nigeria; beliefs predictive model.

#### 1. INTRODUCTION

Coronavirus Disease 2019 (COVID-19) is an ongoing pandemic of highly infectious characteristic, and has resulted in several morbidities and mortalities [1,2]. Although, several drugs have been associated with improved outcomes of COVID-19 [3,4], it still remains a major public health problem as no specific drug is yet clinically proven and approved for its cure. The use of vaccines is a potential effective means of achieving control of the pandemic. Therefore, research towards finding a safe and efficacious COVID-19 vaccine have been a major priority. Meanwhile, there appears to be several beliefs and perceptions about the vaccine and these have led to a rise in the vaccine hesitancy [5]. Perceptions and beliefs are psychosocial characteristics that influence behaviours and attitudes in diverse ways. The high tendency for generalised beliefs and perceptions on COVID-19 vaccine within a community, as a result of social / peer environment influences [6] is an important concern. This is because the acceptance of the vaccine may be reliant on beliefs associated with it [7].

Meanwhile, previous reports have suggested that beliefs and personal perception about COVID-19 could be a predictor of attitude towards the vaccine and its acceptability [5,8]. Some psycho-social factors noted to influence vaccine acceptance include perception of need, confidence in vaccine or source and convenience [6]. Other identified influencing factors of belief about the vaccine are religion [9], age and gender

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[7]. Therefore, negative beliefs about COVID-19 vaccine may be associated with socio-demographic characteristics of the population, and this may potentially influence the willingness to accept the vaccine.

Conspiracy beliefs is associated with negative attitudes towards vaccination [10], and this has been previously observed in Nigeria over poliomyelitis vaccine [11]. Nigeria was hence the last country in Africa to be declared free of wild poliovirus by the World Health Organisation in June, 2020 [12], this therefore raises concerns over beliefs about COVID-19 vaccine in Nigeria. Religious beliefs is another major influence of health behaviours and practices of Nigerians towards diseases, including COVID-19 [13]. Beliefs could result in the relegation of relevant medical care and life-saving procedures [14]. It could also influence differences in vaccine coverage between countries and cause a potential delay in global control of the COVID-19 pandemic. It is hence, paramount to understand the beliefs of Nigerians towards COVID-19 vaccine, to enable appropriate approaches in its implementation in Nigeria.

Socio-demographic characteristics is a likely major determinant of beliefs about COVID-19 vaccine. This study assessed beliefs about COVID-19 vaccine and socio-demographic associations of beliefs about the vaccine. It also evaluated socio-demographic characteristics as a predictive model for beliefs about COVID-19 vaccine in Nigeria. This will equip public health professionals and policy makers with insight and relevant information for effective measures of COVID-19 vaccine implementation.

#### 2. RESULTS

# 1.1. Respondents' socio-demographics

A total of 410 respondents participated in the survey, and using the Cronbach's alpha, the survey tool was found to have a reliability of 0.762. Study participants were mostly males 241 (58.78 %), single 240 (58.54 %) and employed 301 (73.41%). Similarly, almost all the participants had tertiary education 371 (90.45 %), and a higher proportion of the respondents were from the North-central 133 (32.44 %), and were between 26 - 35 years old 175, (42.68 %). Only 8 (2.0 %) were above 55 years old, and 18 (4.4 %) made up 46-55 years age range. See Table 1.

#### 1.2. Beliefs about COVID-19 vaccine

Table 2 shows the respondents' belief about COVID-19 vaccine. A large majority did not believe COVID-19 vaccine to be a conspiracy 331 (80.73 %), and also did not belief it will not be effective against the SARS-CoV-2, 347 (84.63 %). Similarly, majority reported that religious beliefs will not prevent them from taking the vaccine 352 (85.85 %). Also, over half 240 (58.54 %) of the study participants did not belief their immunity to be more protective than a COVID-19 vaccine, and 253 (61.71 %) did not consider the vaccine to be unsafe or have mistrust of the government's intention. The total weighted belief about the vaccine showed that majority 337 (82.20 %) had positive beliefs about the vaccine.

# 1.3. Socio-demographic association of beliefs about COVID-19 vaccine

Socio-demographic associations of beliefs about COVID-19 vaccines is shown in Table 3. The study noted that no significant difference was found in beliefs about COVID-19 vaccine in Gender (p = 0.584), Age (p = 0.968), Marital status (p = 0.918) and Employment status (p = 0.744). However, educational qualifications had a statistically significant association with the beliefs (p = 0.005). Geo-political region also showed statistical significance in the difference in beliefs of the vaccine among the respondents (p = 0.002).

Socio-demographic determinants of belief about COVID-19 vaccine were evaluated and highlighted. Using available demographic information, the best model that determines beliefs about COVID-19 vaccine had age, gender, marital status, employment status, educational qualifications and geo-political region as explanatory variables. The ROC showed a predictive probability of area under the curve (AUC) of 0.68 (68 %) with Confidence Interval (CI) of 0.613 – 0.742 and p < 0.001. (Table 4; Figure 1).

# 3. DISCUSSION

This study revealed critical findings regarding the socio-demographic determinants of beliefs about COVID-19 vaccine in Nigeria. Through statistical analyses, it showed significant associations between regions and educational qualification with beliefs about the vaccine, making them likely predictors of beliefs about the vaccine.

The study found positive beliefs about COVID-19 vaccine in a large majority of the study participants. This was consistent with a previous study in Italy, where positive perception about the

vaccine was mostly reported [17]. In contrast, only one third of participants of a previous study in Saudi Arabia had positive beliefs about the vaccine [7]. Beliefs about vaccine may influence its acceptance [18], and is responsible for hesitation in several countries [7,18,19]. The positive beliefs found in our study may be related to the regular and consistent public health awareness in the country concerning the vaccine, via several media. Positive perception of vaccine has been previously reported as a major predictor of vaccine acceptance among Nigerians [20]. This may imply probability of high vaccine acceptance in the country however, it is noteworthy that other psycho-social attributes may also actively influence acceptance of the vaccine.

**Table 1.** Socio-demographics of respondents.

Variables	Frequency (n =410)	Percentage (%)		
Gender	,			
Male	241	58.78		
Female	169	41.22		
Age				
18 - 25 years	117	28.54		
26 - 35 years	175	42.68		
36 - 45 years	90	21.95		
46 - 55 years	18	4.39		
> 55 years	8	1.95		
N/A	2	0.49		
Marital status				
Married	167	40.73		
Single	240	58.54		
Widowed	1	0.24		
Divorced	1	0.24		
Separated	1	0.24		
<b>Employment status</b>				
Employed	301	73.41		
Unemployed	3	0.73		
Student	86	20.98		
Retiree	3	0.73		
N/A	17	4.15		
Highest educational qualification				
None	1	0.24		
Primary	0	0.00		
Secondary	34	8.29		
Tertiary	371	90.49		
Informal	1	0.24		
N/A	3	0.73		
Geo-political zones				
North-east	15	3.66		
North-west	16	3.90		
North-central	133	32.44		
South-east	38	9.27		
South-west	89	21.71		
South-south	114	27.80		
N/A	5	1.22		

\*N/A: Not Available

In congruence with previous findings from Saudi Arabia [7], COVID-19 vaccine was not believed to be associated with conspiracy theories by the majority of our study participants. Conspiracy theories attempt to induce rejection of standard and scientific events and procedures, by insinuating the association of hidden plots to the events. Although exposure to COVID-19 vaccine conspiracy theory is almost universal, the extent of its belief and the potential proportion of believers in Nigeria has been elucidated in our study. Unlike for poliomyelitis vaccines where uptake was resisted in some parts of Nigeria as a result of conspiracy theories [11], findings from our study show less of this for COVID-19 vaccine. The nature of the pandemic may have contributed to the observed positive beliefs about the vaccine. Being a potential major public health threat, conspiracy theories are recognised to influence COVID-19 vaccine hesitancy [19]. This is suggestive of the need

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for more rigorous public health intervention with specific and targeted information in various parts of the world.

Table 2. Beliefs about COVID-19 Vaccine in Nigeria.

Variables	Belief		Frequency (n = 410)	Percentage (%)	
COVID-19 vaccination is a conspiracy	Negative	1	79	19.27	
	Positive	0	331	80.73	
The COVID-19 vaccine will not be effective at preventing the disease.	Negative	1	63	15.37	
	Positive	0	347	84.63	
My immunity will better protect me against COVID-19 than the vaccine.	Negative	1	169	41.22	
	Positive	0	240	58.54	
	No response		1	0.24	
The COVID -19 vaccine is not as safe as Government may want us to believe.	Negative	1	156	38.05	
	Positive	0	253	61.71	
	No response		1	0.24	
My religious belief may prevent me from taking a COVID-19 vaccine	Negative	1	56	13.66	
	Positive	0	352	85.85	
	No response		2	0.49	
Total weighted belief	Negative Positive	1 0	73 337	17.80 82.20	
	rosiuve	U	337	62.20	

<sup>\*</sup> weighted negative belief  $\geq 3$  (= 1), Positive belief  $\leq 2$  (= 0)

Findings from our study also showed religious beliefs did not influence negative beliefs about the vaccine in a large majority of the study participants. The finding was unexpected as previous reports showed that religious beliefs influenced COVID-19 behaviours [13], and acceptance of poliomyelitis vaccine [11] in Nigeria. Being a highly religious nation, Nigerian religious leaders are highly respected and influential in shaping beliefs and attitudes, making them crucial in information dissemination among the population [21]. Meanwhile, religious beliefs was an identified reason for vaccine hesitancy among Irish and UK citizens [19]. Involvement of religious leaders in the dissemination of appropriate and correct information about the vaccine may be a potent tool for enhanced perception about the vaccine.

The vaccine was believed to be more protective than the natural immunity by our study participants. Meanwhile, vaccines were considered unnecessary in a previous study by a quarter of vaccine refusers, this was related to their perception of adequate adherence to the COVID-19 safety protocols and health status [7]. Eventual control of COVID-19 may largely depend on beliefs about the effectiveness of COVID-19 vaccines in preventing the disease. Higher COVID-19 literacy is essential for achieving the needed vaccine-related actions among the populace.

In our study, COVID-19 vaccine was mostly believed to be as safe as the government portrays it to be. This was similar to findings in India [22,23]. This finding suggests that potential vaccine hesitancy in Nigeria may not be associated with mistrust in government. Given lessons from previously long-lasting belief-induced distortion of poliomyelitis vaccination in Nigeria, gaining public trust and confidence will likely remain an essential need of the government. Meanwhile, mistrust in the government was a reason for vaccine hesitancy in Irish and UK [19]. Mistrust in government will likely result in beliefs of alternative explanations to events. Also respondents in a previous study were mostly not certain of the safety of a COVID-19 vaccine [7] and this was a reason for hesitation among nurses in Hong Kong [18]. Transparency and timely information may positively influence trust, and are essential tools to promote beliefs.

Table 3. Socio-demographic Associations of Beliefs about COVID-19 Vaccine in Nigeria.

Variables	Total (n = 410)	Positive belief n	Negative belief n	χ2	p-value
Gender		` /	, ,	0.301	0.584
Male	241	196 (81.33)	45 (18.67)		
Female	169	141 (83.43)	28 (16.57)		
Age		,	,	0.936	0.968
18 - 25 years	117	96 (82.05)	21 (17.95)		
26 - 35 years	175	143 (81.71)	32 (18.29)		
36 - 45 years	90	75 (83.33)	15 (16.67)		
46 - 55 years	18	14 (77.78)	4 (22.22)		
> 55 years	8	7 (87.50)	1 (12.50)		
N/A	2	2 (100.00)	0 (0.00)		
Marital status		()	(*****)	0.945	0.918
Married	167	135 (80.84)	32 (19.16)		
Single	240	199 (82.92)	41 (17.08)		
Widowed	1	1 (100.00)	0 (0.00)		
Divorced	1	1 (100.00)	0 (0.00)		
Separated	1	1 (100.00)	0 (0.00)		
<b>Employment status</b>		( )	( )	1.954	0.744
Employed	301	247 (82.06)	54 (17.94)		
Unemployed	3	3 (100.00)	0 (0.00)		
Student	86	69 (80.23)	17 (19.77)		
Retiree	3	3 (100.00)	0 (0.00)		
N/A	17	15 (88.24)	2 (11.76)		
Highest educational		()	( ' ' ')	44.005	0.00=*
qualification				14.995	0.005*
None	1	0 (0.00)	1 (100.00)		
Primary	0	0 (0.00)	0 (0.00)		
Secondary	34	4 (11.76))	30 (88.24)		
Tertiary	371	306 (82.48)	65 (17.52)		
Informal	1	0 (0.00)	1 (100.00)		
N/A	3	1 (33.33)	2 (66.67)		
Geo-political zones		,	,	20.616	0.002*
North-east	15	10 (66.67)	5 (33.33)		
North-west	16	12 (75.00)	4 (25.00)		
North-central	133	115 (86.47)	18 (13.53)		
South-east	38	28 (73.68)	10 (26.32)		
South-west	89	82 (92.13)	7 (7.87)		
South-south	114	88 (77.19)	26 (22.81)		
N/A	5	2 (40.00)	3 (60.00)		

<sup>\*</sup>Statistically significant, N/A: Not Available

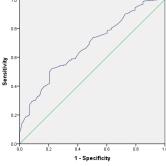


Figure 1. ROC curve for the model (Beliefs about COVID-19 vaccine) =  $\beta$ 0 +  $\beta$ 1 age (18 - 25) +  $\beta$ 2 age (26 - 35) +  $\beta$ 3 age (36 - 45) +  $\beta$ 4 age (46 - 55) +  $\beta$ 5 age (55+) +  $\beta$ 6 gender +  $\beta$ 7 marital status +  $\beta$ 8 employment status (employed) +  $\beta$ 9 employment status (unemployed) +  $\beta$ 10 employment status (student) +  $\beta$ 11 employment status (retired) +  $\beta$ 12 educational qualification (none) +  $\beta$ 13 educational qualification (primary) +  $\beta$ 14 educational qualification (secondary) +  $\beta$ 15 educational qualification (tertiary) +  $\beta$ 16 geopolitical region (north-east) +  $\beta$ 16 geopolitical region (north-west). Diagonal segments are produced by ties.

**Table 4.** Socio-demographic Determinants of Beliefs about COVID-19 Vaccine Using Binary Logistic Regression.

Variables	Frequency (n=410)	Percentage %	OR	SE	95%	S CI	P
Gender	( - /	·			Lower	Upper	
Male	241	58.78	REF	REF	REF	ŔĒF	REF
Female	169	41.22	1.131	0.297	0.633	2.023	0.678
Age (years)							
18 - 25	117	28.54	REF	REF	REF	REF	REF
26 - 35	175	42.68	1.221	0.504	0.455	3.282	0.692
36 - 45	90	21.95	1.57	0.64	0.448	5.505	0.481
46 - 55	18	4.39	1.446	0.847	0.275	7.596	0.663
> 55	8	1.95	1.483	1.274	0.122	18.016	0.757
N/A	2	0.49	1.34E+09	26856.53	0		0.999
Marital status							
Married	167	40.73	REF	REF	REF	REF	REF
Single	240	58.54	1.216	0.378	0.579	2.553	0.605
Widowed	1	0.24	1.777	49221.54	0		1
Divorced	1	0.24	8.32E+08	40192.97	0		1
Separated	1	0.24	3.81E+08	40192.97	0		1
Employment							
status							
Employed	301	73.41	REF	REF	REF	REF	REF
Unemployed	3	0.73	4.99E+08	22676.44	0		0.999
Student	86	20.98	0.767	0.492	0.292	2.012	0.589
Retiree	3	0.73	1.32E+08	28412.77	0		0.999
N/A	17	4.15	1.114	0.81	0.228	5.451	0.894
Highest							
educational							
qualification							
None	1	0.24	REF	REF	REF	REF	REF
Primary	0	0.00	-	-	-	-	-
Secondary	34	8.29	1.02E+09	40193.65	0		1
Tertiary	371	90.49	5.16E+08	40193.65	0		1
Informal	1	0.24	0.105	56841.93	0		1
N/A	3	0.73	64456482	40193.65	0		1
Geo-political							
zones							
North-east	15	3.66	REF	REF	REF	REF	REF
North-west	16	3.90	1.446	0.835	0.282	7.43	0.659
North-central	133	32.44	3.767	0.667	1.019	13.925	0.047
South-east	38	9.27	1.653	0.715	0.407	6.712	0.482
South-west	89	21.71	6.303	0.72	1.538	25.832	0.011
South-south	114	27.80	1.93	0.643	0.547	6.812	0.307
N/A	5	1.22	0.245	1.423	0.015	3.978	0.322

Abbreviations: OR: odds ratio, SE: standard error, CI: confidence interval, P: probability value. N/A: Not Available

A large majority of our study participants also believed in the effectiveness of the vaccine for COVID-19 prevention. Conversely, the majority of vaccine hesitant in India did not believe in its effectiveness [22], and participants in a Saudi Arabian study were mostly unsure of its effectiveness [7]. Also, efficacy and effectively were reported reasons for vaccine hesitancy in Hong Kong [18]. These observed perceptions of ineffectiveness of the vaccine, from other studies is an indication of the need for more public awareness messaging on the vaccine. Meanwhile, the rolled out vaccines have shown high effectiveness in the general population of various countries [24].

Our study shows that beliefs about COVID-19 vaccine can be predicted with relatively high accuracy by readily available socio-demographic information. This encourages the relevance of socio-demographic model in the determination of beliefs. In Nigeria, persons and regions of low literacy have been clearly noted to show mistrust or negative belief about vaccine [11]. Religion was associated with beliefs about COVID-19

in a Canadian study [9]. Socio-demographic distribution of persons may therefore, be predictors of the vaccine uptake.

In this study, socio-demographic characteristics such as age, gender, marital status and employment status were not associated with beliefs about the vaccine. A similar finding was also reported by Biasio *et al.* in a previous study in Italy [17]. Meanwhile, geo-political region and educational qualification were associated with beliefs about the vaccine in our study. Geo-graphical location has been previously noted to be associated with beliefs about vaccines in Nigeria [11], and this may not be unrelated to the educational disparity in the regions of the country.

The study elicits belief-factors about COVID-19 vaccine in Nigeria, which may invariably influence vaccine acceptance in the country. It also elucidated the demographic profile and characteristics likely to influence notable beliefs about the vaccine and this, to the best of our knowledge is the first study to perform this assessment in the country. However, the study design may have excluded rural dwellers and older persons who may not have had access to internet facilities or who may not be users of social media applications. Also, the merging of "undecided" group with "disagree" and "strongly disagree" groups may have resulted in losses of some statistical outcomes during categorisation of beliefs about COVID-19 vaccine.

#### 4. CONCLUSION

Positive beliefs about COVID-19 vaccine was mostly found among the study participants, and this was significantly associated with geopolitical region and educational qualification of the participants. Socio-demographic characteristics was also seen to be a relatively high predictive model for beliefs about COVID-19 vaccine. Although positive beliefs was mostly seen, the observed educational and geographical variations in beliefs is suggestive of careful attention for targeted messaging. Improved beliefs about the vaccine may invariably enhance vaccine acceptance and cause a break in transmission dynamics of SARS-Cov-2 infection.

#### 5. MATERIALS AND METHODS

## 5.1. Study design and study setting

A cross-sectional online survey was performed from 16 December 2020 to 10 January 2021 among 410 adults in Nigeria. Nigeria is the most populous black nation, located in Sub-Saharan Africa with a middle-income, and an area of 923, 768 square kilometre. It is made up of a population of about 200 million and six geo-political zones which are: South-south, South-east, South-west, North-east, North-west and North-central.

## 5.2. Study population

The study was conducted among adult Nigerians in the six geopolitical zones of the country. With a population of about 200, 000, 000 [15], margin of error of 5 % (95 % CI), and vaccine acceptance of 50 %, we calculated a sample size of 385 [16], which was rounded up to a total of 410 by 10% attrition. Therefore, a total of 410 adults were invited for the survey. The study included both male and female Nigerians, persons who had access to internet facilities, and persons who belonged to online groups. It however excluded persons who did not provide informed consent for the study.

# **5.3. Study Instrument**

Age, marital status, educational qualifications, place of residence and employment status are perceived to be major determinants of beliefs about vaccine. The questionnaire design was based on this theoretical frame work, and was composed of questions that explored and evaluated the socio-demographic characteristics of the respondents and their beliefs about COVID-19 vaccine.

A structured questionnaire which required few minutes to complete was designed using Google forms. The main constructs measured by the questionnaire were socio-demographic characteristics of the respondents, their beliefs about COVID-19 vaccine, and the association between respondents' socio-demographics and beliefs about COVID-19 vaccine. Section A of the questionnaire obtained information on respondents' socio-demographic characteristics, while section B elicited information on respondents' belief about a COVID-19 vaccine and was composed of 5 questions which were anchored on a 5-point Likert scale. In the Likert scale, 1 = strongly disagree, 2 = disagree, 3 = undecided, 4 = agree and 5 = strongly agree.

The questionnaire was validated by pretesting and face validity. Assessment of its content was done by 2 public health experts and 1 psychologist. The pretesting was conducted among 20 Nigerian adults of different demographics and this led to the modification of the questions to remove ambiguity. Cronbach's alpha was employed to ascertain the reliability of the questionnaire.

#### 5.4. Data collection

The anonymous internet link was distributed to consenting participants from the six geopolitical zones of Nigeria through online platforms. Purposive and snowball approach were adopted in the distribution of the internet link via social media platforms.

## 5.5. Data analysis and study outcome measures

Descriptive statistics comprising frequencies and percentages was conducted using the SPSS version 24, for respondents' demographic characteristics. A chi-square analysis was performed to assess the associations before socio-demographic characteristics and beliefs about COVID-19 vaccine. Conbach's alpha was determined to assess the internal consistency of the questionnaire.

Respondents' belief was categorised as positive or negative. The questions which were anchored on a 5-point Likert scale ranged from "Strongly agree" to "Strongly disagree". "Strongly agree" and "Agree" were coded as 1, while Undecided", "Disagree" and "Strongly disagree" were coded as 0. Weighted analysis on beliefs about the vaccine was carried out. The weighted score was totaled over 5, and scores  $\leq$  2 were coded as positive beliefs, while scores  $\geq$  3 were coded as negative beliefs.

To assess the odds of demographic characteristics with beliefs about COVID-19 vaccine, binary logistic regression was also performed. The respondents' belief on COVID-19 vaccine was considered the dependent variable and socio-demographic characteristics were the independent variables at a 95% confidence interval.  $P \le 0.05$  was considered statistically significant. For the selection of the final model, a backward stepwise model selection approach was adopted at P-value of 0.5. Age, gender, marital status, educational qualification, employment status and geo-political zone, were included as explanatory variables. Receiver Operating Characteristic (ROC) curve for multiple independent variables was analysed by using the predicted probability. The area under the curve (AUC) of the ROC was computed to evaluate the performance of the model in clearly distinguishing between all the positive and negative class points correctly.

The primary outcome measure of the study was beliefs about a COVID-19 vaccine by the study participants. The secondary outcome measure was the predictive ability of socio-demographic variables to accurately determine beliefs about a COVID-19 vaccine.

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**Conflict of interest statement:** The authors declared no conflict of interest.

Ethics committee approval: Ethical approval was obtained from the Ethical unit of the Kwara State Ministry of Health and had the reference number MOH/KS/EU/777/456. Informed consent was obtained from the study participants prior to the study. Consent for participation in the study was implied by clicking on the link and submitting the completed anonymous form, and this was stated at the first part of the form. Confidentiality of the participants' information was also ensured during and after the study.

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