The Determination of the Stability Constant of Finasteride Complexes with Various Metals by Potentiometric and Spectrophotometric Methods

Aysen KURT CUCU, Emine ARSLAN, Serap KARADERİ

ABSTRACT

In this study, the stability constants of the cobalt(II), zinc(II), cadmium(II) and copper(II) complexes of finasteride were determined potentiometrically by using Irving-Rossotti and Calvin-Bjerrum methods and supported by spectrophotometric way [1-3]. The evaluated protonation constant of finasteride was found as logK=2,21. Potentiometrically the logarithms of the stability constants of the finasteride-metal complexes were found by Calvin-Bjerrum and Irving-Rossotti methods: for cobalt(II) complex logK=3,01; for zinc(II) complex logK=2,82; for cadmium(II) complex logK=3,04 and for copper complex logK=2,85 at 25ºC (I=0,10). Conditional formation constants of the complexes were calculated and pH ranges of the complexation were found.

Spectrometric measurements were recorded for cobalt(II)-finasteride, zinc(II)-finasteride, cadmium(II)-finasteride and copper(II)-finasteride solutions and the results of the measurement supported the formation of complexes.

In this study, the stability constant of finasteride complexes with metals were determined using the potentiometric and spectrophotometric methods. These metals can be received directly or indirectly to the human body. Therefore, the stability constants that we found, can shed light on the analysis of blood samples of patients.

Keywords: Finasteride, Stability Constant, Potentiometry, Spectrophotometry

INTRODUCTION

Finasteride, chemically known as N-(1,1-dimethylethyl)-3-oxo-(5α,17β)-4-azaandrost-1-ene-17-carboxamide (Figure 1), is a synthetic 4-azasteroid compound which acts by inhibiting the type II 5-alpha reductase enzyme that converts testosteron to dihydrotestosterone (DHT) in prostatic epithelial cells. Blocking of DHT production, finasteride reduces androgenic activity in the scalp, treating hair loss at its hormonal source. In the prostate, inhibition of 5-alpha reductase leads to a reduction of prostate volume, which improves the symptoms of benign prostatic hyperplasia (BPH) and reduces the risk of prostate cancer [4,5]. Finasteride is being accepted as the most efficient cure in the whole World, to the hair loss related with DHT.
The literature research showed that several methods for determination of finasteride in the pharmaceutical preparations and biological fluids including high-performance liquid chromatography (HPLC) [5-7], liquid chromatography tandem-mass spectrometry (LC-MS) [8-11], gas chromatography (GC) [12], ultra-performance liquid chromatography (UPLC-MS) [13], spectrophotometry [14], voltametry [15] and polarography [16] have been developed. Because most drugs are weak acids or bases, information about their ionization at physiological pH values carry important information related to the behavior of drugs in penetrating different parts of the body. But no reports have been published for stability constants of finasteride complexes in the literature.

In the present study, the stability constants of finasteride complexes with cobalt(II), cadmium(II), zinc(II) and copper(II) were determined potentiometrically by using Irving-Rossotti and Calvin-Bjerrum procedures [17-20]. Also, spectrometric measurements were recorded for cobalt(II)-finasteride, zinc(II)-finasteride, cadmium(II)-finasteride and copper(II)-finasteride solutions.

**EXPERIMENTAL**

**Material and Methods**

**Potentiometric method**

The stock solutions of metal ions were prepared from nitrate salts. Sodium hydroxide, sodium perchlorate and perchloric acid were other chemicals that were used. All chemicals were analytical reagent grade from Merck. A Radiometer TIM800 Titration Manager, ABU 901 Autoburette, HI 1131B Combination pH electrode were used for potentiometric measurements and Shimadzu UV-2550 UV-VIS double beam spectrophotometer was used for spectrophotometric measurements. Computer calculations were performed on the pH-metric data.

**Procedure**

Finasteride was dissolved in acetonitrile-water (1:1, v/v). The ionic strength of the reaction media was kept constant at I=0,10 (25°C) using NaClO₄ solution during the experiment. Stock solution of ligand (0,01M) was prepared prior to use. The exact calibration was done daily by using commercial buffer solutions (Merck) of pH 4 and 7.

In order to determine the protonation constants and stability constants, solutions including (0,10M HClO₄ + 1,00M NaClO₄), (0,10M HClO₄ + 1,00M NaClO₄ + 0,01M ligand) and (0,10M HClO₄ + 1,00M NaClO₄ + 0,01M ligand + 0,01M metal ion) were titrated potentiometrically using 0,10M NaOH at 25°C as shown in Figures 2,3,4 and 5.
Figure 5: Potentiometric titration curve of finasteride-copper(II) complex

The calculations were performed according to Irving-Rossotti method [19]. The following equations were used in the present study:

\[
\begin{align*}
\overline{\Pi}_A &= \frac{y + [(V_2 - V_1)(N + E^o)]}{[(V_1 + V_2)T^o_L]} \quad (1) \\
\overline{\Pi}_L &= \frac{[(V_2 - V_1)(N + E^o + T^o_L)(y - \overline{\Pi}_A)]}{(V_1 + V_2)}. \overline{\Pi}_A \cdot T^o_M \quad (2) \\
pL &= \frac{\log(1+\beta_1 [H^+] + \beta_2 [H^+]^2)}{(T^o_L \cdot \overline{\Pi}_L \cdot T^o_M)} \quad (3)
\end{align*}
\]

V^o = Starting volume : 50.00 mL  
N = NaOH normality : 0.1000N  
T^o_L = Ligand concentration : 0.0020M  
E^o = HClO_4 concentration : 0.0102M  
y = Number of protons in the molecule : 0  
T^o_M = Metal concentration : 0.0010M

According to formula (1) of titration curve of HClO_4 + NaClO_4 with HClO_4 + NaClO_4 + Ligand mixture, the \( \overline{\Pi}_A = f(\text{pH}) \) graphic was drawn (Figure 6). The protonation constant was found for finasteride as logK = 2.21.

Figure 6: pH-\( \overline{\Pi}_A \) curve for finasteride

\( \overline{\Pi}_L \) values were calculated using \( \overline{\Pi}_A \) values. pL values were calculated using \( \overline{\Pi}_L \) and β values to calculate the stability constants. \( \overline{\Pi}_L = f(\text{pL}) \) graphs (Figure 7) were plotted using \( \overline{\Pi}_L \) and pL values which were calculated for each metal-ligand complex. The formation constants of complexes were found from pL values which corresponded to \( \overline{\Pi}_L = 0.5 \) value.

Figure 7: \( \overline{\Pi}_L = f(\text{pL}) \) curves for metal-finasteride complexes

In addition, the changes, in mole fractions of the molecular and ionic species derived from complexes by calculating the pH of solutions (Figure 8).
The stability constants of the cobalt(II), zinc(II), cadmium(II) and copper(II) complexes of finasteride

**Spectrophotometric method**

1,00.10^{-2}M Co(II), Cd(II), Zn(II) and Cu(II) solutions and freshly prepared 1,00.10^{-2}M finasteride solution were diluted to 1,0.10^{-4}M and a spectrophotometric measurement of each solution were performed separately with Shimadzu UV-2550 spectrophotometer. Then, finasteride-metal mixtures (1:1, v/v) was prepared by mixing finasteride with each metal solutions and spectrophotometric measurement of each mixtures were performed. The spectrums supported the formation of complexes (Figure 9,10,11,12).

**Figure 8:** The relative abundance curve of metal-finasteride complexes depending on the pH

**Figure 9:** The spectrum of finasteride-cobalt(II) complex

**Figure 10:** The spectrum of finasteride-cadmium(II) complex

**Figure 11:** The spectrum of finasteride-zinc(II) complex
RESULTS AND DISCUSSION

In this study the protonation constant of ligand was found graphically by using the Irving-Rosotti method. The result is shown in Figure 5. For finding the stability constants of complexes, the solutions which contain Co(II), Cd(II), Zn(II), Cu(II) salts in certain concentrations were titrated with NaOH solution potentiometrically at 25 °C. Titration curves were obtained by plotting the pH changes versus the 0.10M NaOH volumes. The titration curves belonging to metals are shown in Figures 2, 3, 4 and 5. The \( f(pL) \) figures were plotted by using \( f(pL) \) values which were calculated by the potentiometric titration curves. The formation constant of the complexes have been read, and they correspond to the \( n=0.5 \) value from \( f(pL) \) figures. In the evaluation of the relative abundance (mole fractions) of the species in the system are plotted against the pH (Figure 7). The analytical applications are showed that the different ligands in the system have an influence in the formation of complexes. In addition, the pH range where the conditional formation constant was at the maximum, was overlapped with the pH range where the relative abundance of complexes is at the maximum. The conditional formation constants of the complexes were calculated and they were plotted versus the corresponding pH ranges (Figure 13).

On calculation of conditional formation constants, it is accepted that the only competitive ligand is the hydronium ion in the reaction medium. The pH ranges in which the complexation occurs, the maximum values of conditional formation constants and the pH values corresponding to these conditional formation constants for 25 °C are shown in Table 1. The formation constants of metal-ligand complexes are given in the Table 2.
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Table 1: The conditional formation constants for the metal-ligand complexes (I=0.10; t=25 ºC)

<table>
<thead>
<tr>
<th>Metal</th>
<th>pH range of the metal complexes</th>
<th>pH</th>
<th>log K'_{max}</th>
</tr>
</thead>
<tbody>
<tr>
<td>Cobalt(II)</td>
<td>0-11,0</td>
<td>6.0</td>
<td>3.01</td>
</tr>
<tr>
<td>Cadmium(II)</td>
<td>0-11,0</td>
<td>6.0</td>
<td>3.04</td>
</tr>
<tr>
<td>Zinc(II)</td>
<td>0-9.5</td>
<td>6.0</td>
<td>2.82</td>
</tr>
<tr>
<td>Copper(II)</td>
<td>0-8.5</td>
<td>4.5</td>
<td>2.85</td>
</tr>
</tbody>
</table>

Table 2: The formation constants of the metal-ligand complexes (I=0.10; t=25 ºC)

<table>
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<tr>
<th>Metal</th>
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<td>2.85</td>
</tr>
</tbody>
</table>

In this study, the stability constant of finasteride complexes with metals which can show a direct impact on living organisms or be toxic at high concentrations were determined using the potentiometric and spectrophotometric methods. These metals can be received directly or indirectly to the human body. Therefore, the stability constants that we found can shed light on the analysis of blood samples taken from patients which are using finasteride.

References: